

# Activities/Athletic Participation Training Agreement

Training is a key to individual and team success. This means preparing physically and mentally by means of common sense living and intelligent hard work. Student-Athletes representing Jefferson High School must, at all times of the calendar year, display behavior which is complimentary to the school.

It is the student's responsibility to be aware of, and abide by, all training rules. Training rules apply to all eligible students at all times. Athletic and activity-eligible students are responsible for representing Jefferson High School during the off season and summer break. Coaches/directors may present additional specific team rules, which students are expected to follow. These team rules are designed to work in harmony with the JHS rules. In observing training rules, students will comply with the following:

1. Shall not use or possess tobacco in any form, at any time. (1<sup>st</sup> Offense - Penalty Step 1 / 2<sup>nd</sup> Offense – Step 2)
2. Shall not be involved in malicious mischief at any time. (1<sup>st</sup> Offense - Penalty Step 1 / 2<sup>nd</sup> Offense – Step 2)
3. Shall not be involved in criminal-related activities at any time. (1<sup>st</sup> Offense - Penalty step 2 / 2<sup>nd</sup> Offense –Step 3 / 3<sup>rd</sup> Offense –Step 4))
4. Shall not knowingly be associated or present at a social gathering or at a school activity, with a person who is found to be using, under the influence of, or in possession of, alcoholic beverages, non-prescription drugs or other illegal substances or devices. (1<sup>st</sup> Offense - Penalty step 2 / 2<sup>nd</sup> Offense –Step 3 / 3<sup>rd</sup> Offense –Step 4))
5. Shall not use or be in possession of alcoholic beverages, non-prescription drugs or other illegal substances or devices. (1<sup>st</sup> Offense - Penalty step 3 / 2<sup>nd</sup> Offense – Step 4)

Any student found in violation of a training rule will be restricted from athletics/activities as prescribed above in addition to other school imposed consequences as outlined in school and district policy:

**Step One:** Two week (14 calendar days) suspension from participation in contests, Student may practice with team only after completion of School imposed consequences.

**Step Two:** Three week (21 calendar days) suspension from participation in contests, Student may practice with team only after completion of School imposed consequences..

**Step Three:** Six week (42 Calendar days) suspension from participation in contests, Student may practice with team only after completion of School imposed consequences...

**Step Four:** Full suspension from all extra-curricular participation for the remainder of the student's high school career.

Each further violation of the training rules will result in discipline beginning at the next step.

## Notes relating to the suspension:

- Suspensions begin from the date in-season athletes/participants are notified that they have been suspended by the athletic director. If currently not competing, the suspension will begin with the first scheduled competition of the student's next activity.
- If the suspension is longer than the student's remaining season, the balance will carry over into the next season.
- Training rules will take effect beginning on the first day that a student participates in any activity and will continue throughout his/her high school career. All suspensions will carry into the next year or season.
- Students will be required to finish the season in good standing in order for the suspension to count. (Students will not be able to join a sport in order to serve the time and then quit).

**By their signature, the student and parent agree that the student will comply and abide by the terms and conditions of these rules at all times, throughout the remainder of the student's high school attendance with Jefferson High School.**

Parent \_\_\_\_\_

Date \_\_\_\_\_

Student \_\_\_\_\_

Date \_\_\_\_\_

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# Activities/Athletic Eligibility

## **ACADEMIC ELIGIBILITY**

It is the intent of Jefferson High School to provide opportunities for extracurricular activities to those students who are making solid academic progress. While these activities are important, the student's academics should be given first priority. The OSAA requirement is that students are taking and passing at least five classes, passed at least 5 courses the previous semester and making specific progress toward graduation.

Academic eligible, under Jefferson High School guidelines, requires that a student must have a GPA of 2.0 or better at the end of each nine weeks and be passing all currently enrolled classes. Eligibility is confirmed each grading period throughout the sport season. To remain eligible a student-athlete must be passing all classes at the time grades are issued. An ineligible student will remain ineligible until they can demonstrate that they are passing all classes. To accomplish this, the student will conduct a grade check (due within two weeks of the grading period). If the student becomes eligible at that time, the student must then do another grade check at the four week progress report to verify that they are maintaining passing grades. If the student is not passing all courses at the time of the second grade check, the student will be ineligible for the remainder of that nine-week grading period.

When a student is academically ineligible, he/she may practice but not participate in games, matches, performances or contests. Students who are on an Individualized Educational Programs (IEP) will be considered for eligibility by the diagnostic team.

Students that choose to attend summer school in an effort to improve grades will have those credits added to their spring semester GPA. This may or may not raise the GPA, as they are in addition to, rather than a replacement for, existing grades. The OSAA does allow summer school to alter the passing five classes each semester rule.

## **ATTENDANCE ELIGIBILITY**

Students are expected to attend school on a full time basis. Students should not be truant to any classes if they desire to participate that day. Students that are found to be truant to class (cutting, skipping, i.e... unexcused absence) will not be allowed to participate in any activities, practices, or games that same day. For this issue, Saturdays are considered an extension of Friday. Students that are excused from attending school because they were ill can't practice or participate in competition on that day without a doctor's note.

## **EQUIPMENT AND FEES**

Prospective students will not be allowed to practice or turn out for a sport/activity following another sport/activity until all issued material is checked in from the previous sport/activity and all fees are paid.

## **OTHER ORGANIZED TEAMS**

Students may not participate on any non-school organized athletic team while a member of a similar school team. (OSAA) They may participate on two school teams simultaneously, only with prior approval from the Athletic Director and under guidelines as may be established by school / district policy.