

Family Kindness Bingo - Instructions

This is a fun and easy game to get everyone in the family thinking about one of the important values that can help all families get along and support each other – kindness. The game plays like traditional Bingo, except that when someone fills in a row, horizontally, vertically, or diagonally, he/she gets to choose *any* kind act to do during the next week and also choose a kind act for another player to do during the week. The object of the game, of course, is to get family members thinking about kindness all the time.

Included

1 sheet Calling Cards (to be cut out)

6 Bingo Cards

Preparation

Cut out the Calling Cards and put them in a bowl.

Gather pennies or other coins and give at least 25 to each player.

Instructions

Select the game leader and hand out Bingo Playing Cards to other game players. The game leader can also get a card to join in the play.

Without looking, the game leader draws from the bowl of Calling Cards and reads the card that is chosen aloud. The players then put a coin on the square where that word or phrase appears on their cards.

The first player who gets four coins in a row (horizontally, vertically, or diagonally), yells out “Bingo,” and that player is declared the winner.

The winner chooses a kind act from the cards (or makes one up) and commits to doing that kind act in the next few days. The winner also assigns a kind act to another player.

If you are looking for more kindness activities for your family, we highly recommend visiting the site <https://www.randomactsofkindness.org/>

Calling Cards

Cut out the 16 cards and put them in a bowl or box. Pick them out at random.

Help Out Cooking	Give to a Charity	Do an Extra Chore	Ask Someone if They Need Help
Smile!	Clean Out a Drawer	Write a Thank You Note	Send a Postcard or Letter
Cheer Someone Up with a Joke	Say 'I Love You'	Give Someone a Hug	Set the Table
Water the Plants	Draw a Fun Family Portrait	Draw a Picture for Someone	Help with a Pet

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Write a Thank You Note	Clean Out a Drawer	Ask Someone if They Need Help	Do an Extra Chore
Send a Postcard or Letter	Water the Plants	Help with a Pet	Cheer Someone Up with a Joke
Draw a Fun Family Portrait	Draw a Picture for Someone	Give Someone a Hug	Help Out Cooking
Set the Table	Give to a Charity	Say 'I Love You'	Smile!

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Clean Out a Drawer	Say 'I Love You'	Help Out Cooking	Give to a Charity
Give Someone a Hug	Smile!	Write a Thank You Note	Draw a Fun Family Portrait
Set the Table	Ask Someone if They Need Help	Water the Plants	Do an Extra Chore
Send a Postcard or Letter	Help with a Pet	Draw a Picture for Someone	Cheer Someone Up with a Joke

Family Kindness Bingo

Write a Thank You Note	Do an Extra Chore	Draw a Fun Family Portrait	Set the Table
Say 'I Love You'	Water the Plants	Ask Someone if They Need Help	Clean Out a Drawer
Draw a Picture for Someone	Smile!	Help with a Pet	Cheer Someone Up with a Joke
Help Out Cooking	Send a Postcard or Letter	Give Someone a Hug	Give to a Charity

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Smile!	Send a Postcard or Letter	Help with a Pet	Write a Thank You Note
Set the Table	Give to a Charity	Do an Extra Chore	Ask Someone if They Need Help
Clean Out a Drawer	Cheer Someone Up with a Joke	Help Out Cooking	Give Someone a Hug
Draw a Fun Family Portrait	Say 'I Love You'	Draw a Picture for Someone	Water the Plants

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Write a Thank You Note	Do an Extra Chore	Clean Out a Drawer	Draw a Fun Family Portrait
Cheer Someone Up with a Joke	Water the Plants	Give Someone a Hug	Smile!
Help Out Cooking	Set the Table	Ask Someone if They Need Help	Send a Postcard or Letter
Draw a Picture for Someone	Help with a Pet	Give to a Charity	Say 'I Love You'